

Baystate Medical Center's  
Chestnut Surgery Center instructions

Your surgery is scheduled for \_\_\_\_\_ at the Chestnut Surgery building at Baystate Medical Center. You will be notified the afternoon before your surgery of your arrival and procedure times by Dairne, Dr Adler's Medical Secretary. (At times we do have emergency add-on cases and cancellations; please understand your surgery time is subject to change.)

**FAILURE TO COMPLY WITH THE INSTRUCTIONS BELOW  
WILL RESULT IN THE CANCELLATION OF YOUR SURGERY.**

**REMEMBER: DO NOT EAT OR DRINK AFTER MIDNIGHT THE DAY BEFORE YOUR SURGERY.**

**REMOVE: ALL ARTIFICIAL NAILS AND NAIL POLISH.**

**YOU CANNOT DRIVE YOURSELF HOME:** The admitting office will instruct you as to the time of discharge. Make sure you make arrangements for someone to drive you home. **The use of a taxicab or city bus is strictly prohibited.**

**DIABETICS:** Do not take insulin at home the morning of surgery. Bring your bottle of insulin with you to the surgery center.

**PARENTS:** it is not safe for anyone to drive while caring for a child who has had surgery. Please have another responsible adult accompany you home after the child has been discharged.

If you have been instructed to take any medication the morning of surgery, take them as instructed with a small sip of water.

**DISCONTINUE:** The use of **ASPIRIN OR ASPIRIN PRODUCTS** one week prior to your surgery date.

**DISCONTINUE:** The use of **Anti-inflammatory medications** 48 hours prior to your surgery date.

If you have any other questions please call Dairne (Medical Secretary) at New England Orthopedic Surgeons, 413-233-1123.

